

BEYOND

LENT AT ST. ANDREW'S



ST. ANDREW'S
LUTHERAN CHURCH

Why Mentoring?

Mentoring provides youth an opportunity to make meaningful connections with more trusted people in their community.

Research from the SEARCH Institute shows that “young people need to be surrounded by people who love, care for, appreciate, and accept them.”

Three or more non-parent adults has a significant impact on youth development.

What will Lenten Mentoring look like?

During Lent we have special Wednesday evening services starting at 6:30pm in the Sanctuary that we invite our confirmands and their mentors to join in lieu of typical Confirmation programming.

Mentoring is an opportunity for youth and those close to them to experience **worship**, deepen faith through **conversation**, and spend time **reflecting** on each week's Lent service.

Worship • Converse • Reflect

Attend in person
OR
watch online.

You can do this live at 6:30pm on Wednesdays or watch the recording at a time you choose.

Use the Lenten Mentor Discussion Sheet to guide your conversation. This conversation will happen after the 6:30pm service.

Discussion Sheets will be out each week at the youth table and available online.

Each week you'll record your completion through a Google form. Scan the QR Code on the back of the Discussion Sheet to access the form.

Lenten Wednesday Schedule

February 18–March 25

2:30pm • Vibe & Thrive (No V&T March 12)

4:45–6:15pm • Dinner available in the Fellowship Hall

6:23pm • Head into Lent Worship

6:25pm • Welcome Video Starts

Mental Health Moment

**Jenelle Thorvilson,
MA, LMFT**

Community Mental Health Coordinator
Licensed Therapist

Support • Educate • Resources



Assisting in Lenten Worship

There are many ways you can get involved!

Readers • Ushers • Greeters

Interested? Contact:

Pastor Amy Mihelich Smith • Readers

Sue Lennartson • Usher/Greeters



What will the Mentor/Mentee conversation be like?

After worship each week, Mentors and Mentees will take some time reflecting on what they heard in service.

Use the Discussion Sheets provided to guide your conversations.

Recorded service and materials emailed out weekly for virtual Mentor/Mentee pairings.




Lenten Mentor Discussion Sheet

Orientation Week – February 11th, 2026



SHARE – Weekly Highs & Lows


 This is when each week you will begin your conversation by sharing your Rose, Bud, and Thorn. Rose: a high of your week. Bud: something you are looking forward to. Thorn: a low from your week. You can do them in any order!

READ – Overview of Worship




 This is where you will review the Bible text from worship.

Tonight read the Mentor/Mentee Covenant on the last page of this packet. You will turn in the signed Covenant before you leave tonight, but you can keep the rest of the packet!

TALK – Diving into Discussion Questions

 This is when you will talk about what you heard and think about how it might relate to you and your life. Each week you'll have a choice of discussion questions, check in with one another on what "level" of questions you want to tackle each week: "treading water" surface level question about the service, a "snorkeling" question that requires some personal reflection, and a "deep dive" question that really asks you to connect your life/spiritual journey to what was talked about in worship that day. Today, answer these questions:

1. What are your hopes for Lenten Mentoring?
2. What do the words *available*, *authentic*, and *affirming* - mean to you? What might that look like? Sound like? Feel like?
3. What is something you would like your mentor to know about you? What is something you would like your mentee to know about you?

-  Sign, date, and fill in the rest of the information on the Lenten Mentoring Covenant.
-  Take a picture of your Covenant. (Then you'll have your mentor/mentee contact information.)
-  Turn in your signed Covenant to Rory Jean before you leave tonight.

Lenten Mentor Discussion Sheet

SHARE
READ
TALK
PLAY
PRAY
BLESS

Vibe Check-In

Join us while your youth is meeting with their mentor..

ANXIOUS GENERATION BOOK CLUB
For parents with kids of all ages!

Wednesdays, February 18-March 25
30-45 Minute Chat Following
Lenten Services

Email Tracy at tlysne@saintandrews.org to sign up

Parents! Looking to Get Involved?

We would love to partner with you!

- Confirmation 2026-2027
- Chaperones for retreats/trips
- Volunteers for events
- Snack donations/hosts for Vibe & Thrive

Interested? Reach out to Tracy or Rory Jean for more information.



All-In Worship—We Need Your Help!

Weekend of February 28 & March 1

We're looking for 3 readers (or pairs of readers) for all of our weekend services! Email youth@saintandrews.org to secure your time slot.

Saturday, February 28

5pm Contemporary Service • 3 slots

Sunday, March 1

9am Traditional Service • 3 slots

9:30am Contemporary Service • 3 slots

10:30am Traditional Service • 3 slots

Looking Ahead...

Remaining Confirmation Sessions

Sunday, April 12

Sunday, April 19

Sunday, April 26

Wednesday, April 15

Wednesday, April 22

Wednesday, April 29

Monthly Middle School Events

Movie Night · Friday, February 13

Lock-Out Adventure · Friday, March 6

Game Night · Thursday, April 9

Final Vibe & Thrive

Wednesday, May 6

Summer 2026 – Save the Date!

Confirmation Camp at Wapo

June 8–12

VBS God Squad

June 22–26

Summer Stretch

July 7, 14, & 21

Service Learning Trip

Week of July 26



Why Camp?

Camp creates a space for youth to grow in their faith, identity, and social-emotional skills. Camp is a safe space that helps youth learn to be present in the moment, unplug from technology, explore their beliefs, and develop life long goals and passions.



**Pick up our
Spring & Summer Brochure
from us to see all our
offerings!**

**Registration is open for all
summer programs and events!**



God, we ask for your blessings on this new friendship. Help us invest the time and attention needed to cultivate trust, understanding, and care for one another. May our bond grow stronger with each passing session, as we share our lives and support each other in the weeks ahead. Through this experience, help us grow in our faith and closer to you. **AMEN**