

Lenten Mentor Discussion Sheet

Wednesday Service Week 6 – March 25th, 2026



SHARE – Weekly Highs & Lows

Take turns sharing your Rose, Bud, and Thorn. **Rose:** a high of your week. **Bud:** something you are looking forward to. **Thorn:** a low from your week.

READ – Overview of Worship

¹⁰ Pilate therefore said to him, “Do you refuse to speak to me? Do you not know that I have power to release you and power to crucify you?” Jesus answered him, “You would have no power over me unless it had been given you from above...”

John 19:10-11

Beyond Power: Jesus stands before Pilate; a man who seems to have all the power. Yet Jesus shows that real power doesn't come from control, fear, or human authority. In the world (and even in shows like Survivor), people chase power that is temporary – idols, influence, or winning – but that power never lasts. Jesus reveals a different kind of power: one rooted in love, sacrifice, and trust in God. True power goes beyond rulers and systems; it is found in the community of believers who share hope, healing, and love with one another.

TALK – Diving into Discussion Questions

Treading Water – Surface Level Questions

1. Thinking back to tonight's High School speaker, what power do you have?
2. In Survivor, why do players want immunity idols so badly? What do those idols actually give them and what can't they give them?
3. What does power look like in your life? Who has power? How do they use it?

Snorkeling – Relational Questions

4. When have you experienced someone else helping you when you felt weak, sad, or alone? What does that have to do with power?
5. What is one way you can use your power this week to bring hope, healing, or encouragement to someone else?

Deep Dive – Reflective Questions

6. Where do you see people chasing power in the world today? Why do you think it's so attractive?
7. What is the difference between power that gets you ahead and power that brings people together? What kind of power do you trust more? Why?

PLAY – Staring Contest

Time for a good old-fashioned staring contest! Whoever can keep their eyes open the longest without blinking wins the staring contest. Some people don't allow breaking eye contact, squinting, or trying to distract the other person, so settle on all the rules with your opponent before starting your staring contest.

Thinking about the outcome of this contest: In what ways could you connect this game to tonight's sermon?

PRAY 🙏

Close your time together with a PTA Prayer. PRAISE - THANK - ASK. Pray with gratitude and thankfulness for your 'buds' and 'roses'. Ask for support and guidance with your 'thorns'.

BLESS 😊

Close your time with a blessing or closing ritual.

Sample blessing for this week: Make the sign of the cross on the back of one another's hand or forehead saying, "May God guide us to use our power for others this week."

VIBE CHECK-IN

Now is the time to "turn in" your conversation sheet by **scanning the QR code** and submitting a response to a form.

Thank you all for going BEYOND your comfort zones and spending time building up your faith as a community!

As this is our last Wednesday Lent Service for the year, I would like to thank you for spending your time being in conversations and building faith relationships. It has been awesome to see you all engage with the stories, discuss the sermons, and just enjoy intentional time together.

Mentor and mentee, take a moment to share with one another something you learned from/about each other this Lenten season!

You DO NOT need to turn this sheet in. Take the sheet with you each week in case those at home are curious about what you talked about!

Peace – The CYF Team

March 25th



Scan this to access the form!