

Lenten Mentor Discussion Sheet

Wednesday Service Week 4 – March 11th, 2026



SHARE – Weekly Highs & Lows

Take turns sharing your Rose, Bud, and Thorn. **Rose:** a high of your week. **Bud:** something you are looking forward to. **Thorn:** a low from your week.

READ – Overview of Worship

¹⁷The woman said to Peter, “You are not also one of this man’s disciples, are you?” He said, “I am not.”¹⁸Now the slaves and the police had made a charcoal fire because it was cold, and they were standing around it and warming themselves. Peter also was standing with them and warming himself.

²⁵Now Simon Peter was standing and warming himself. They asked him, “You are not also one of his disciples, are you?” He denied it and said, “I am not.”²⁶One of the slaves of the high priest, a relative of the man whose ear Peter had cut off, asked, “Did I not see you in the garden with him?”²⁷Again Peter denied it, and at that moment the cock crowed.”

John 18:17–18, 25–27

Beyond Betrayal: When the disciple Peter is asked if he is one of Jesus’ followers, he denies ever knowing Jesus, much less being a follower of him. Even though Peter is truly a disciple, he says “I am not” three different times because he was afraid of what might happen to him if he told the truth. Peter’s denial is not just about pretending he doesn’t know Jesus – it is also a betrayal of Peter’s own identity: someone who loves and follows Jesus. Peter shows us how fear and peer pressure can make people hide parts of themselves, just like we sometimes hide our true selves to fit in or stay safe.

TALK – Diving into Discussion Questions

Treading Water – Surface Level Questions

1. What are some parts of the High School Story that stood out to you?
2. Why do you think Peter denied being a disciple of Jesus? Was this betrayal?

Snorkeling – Relational Questions

3. Share a time you hid something about yourself. How did that make you feel?
4. Why and how do we or others try to hide part of our identities?

Deep Dive – Reflective Questions

5. As you think about how Jesus responded to Peter’s denial, what bubbles up for you?
6. What are some parts of tonight’s service that raise questions in your mind? What are some of those questions and why do you think they are important?

PLAY – Two Truths and a Lie

One player says three statements about themselves—two must be true and one must be a lie. The other player listens carefully and tries to guess which statement is the lie. After the guess, the first player reveals the answer, and then the players switch roles. The goal is to make the lie believable so it's hard to tell what's real.

What do you think this game has to do with tonight's sermon?

PRAY 🙏

Close your time together with a PTA Prayer. PRAISE - THANK - ASK. Pray with gratitude and thankfulness for your 'buds' and 'roses'. Ask for support and guidance with your 'thorns'.

BLESS 😊

Close your time with a blessing or closing ritual.

Sample blessing for this week: Make the sign of the cross on the back of one another's hand or forehead saying, "May you have the courage to be honest about who you are and what you believe, even when it feels hard."

VIBE CHECK-IN

Now is the time to "turn in" your conversation sheet by **scanning the QR code** and submitting a response to a form.

Thank you all for going BEYOND your comfort zones and spending time building up your faith as a community!

See you next week!

March 11th



Scan this to access the form!

You DO NOT need to turn this sheet in. Take the sheet with you each week in case those at home are curious about what you talked about!

Peace – The CYF Team